Daytime Prayer

Sunday, March 1, 2009

1st Sunday of Lent

OPENING

O God, come to my assistance.

Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be forever. Amen.

HYMN

> **Lord, Who Throughout These Forty Days**
>
> Lord, who throughout these forty days
> for us did fast and pray,
> teach us with you to mourn our sins
> and close by you to stay.

PSALMODY

Psalm 23 *The Lord Is My Shepherd*

> *Ant. In you, O Lord, have I trusted; let me never be confounded.*

The Lord governs me, and nothing will be lacking for me; he has placed me in a place of pasture.

He has led me to the water of refreshment; he has converted my soul.

He has led me along the paths of justice, for the sake of his name.

For even if I walk in the midst of the shadow of death, I will not fear evil, for you are with me.

Your rod and your staff: these have comforted me.

You have prepared a table before me against those who trouble me.

You have anointed my head with oil, and my chalice which inebriates me, how excellent it is!

And your mercy will follow me all the days of my life. And so may I dwell in the house of the Lord forever.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

> *Ant. In you, O Lord, have I trusted; let me never be confounded.*

Psalm 122 *To You I Lift My Eyes*

> *Ant. In you, O Lord, have I trusted; let me never be confounded.*

To you I have lifted up my eyes, you who dwell in heaven.

Behold, like the eyes of servants towards the hands of their masters,

like the eyes of a handmaid towards the hands of her mistress,

so are our eyes towards the Lord our God, until he has mercy on us.

Have mercy on us, O Lord, have mercy on us; for we are greatly filled with contempt.

For our soul has been greatly filled; a reproach to those who are at ease, and a contempt for the arrogant.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

> *Ant. In you, O Lord, have I trusted; let me never be confounded.*

SHORT READING

MICAH 7:9

I must bear the wrath of the Lord, because I have sinned against him, until he takes up my cause and establishes my right. He will bring me forth to the light; I will see his justice.

RESPONSORY

V. We adore your cross, O Lord.

R. We praise your holy resurrection.

CONCLUDING PRAYER

Lord Jesus, you went up to Jerusalem knowing what awaited you. Give us that same courage to face the difficulties before us, trusting in your strength; who lives and reigns with the Father and the Holy Spirit, one God, forever and ever. Amen.

DISMISSAL

Let us praise the Lord.

And give him thanks.