Daytime Prayer

Tuesday, February 23, 2010

Saint Polycarp, Bishop and Martyr

OPENING

O God, come to my assistance.

Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be forever. Amen.

HYMN

> **Lord, Who Throughout These Forty Days**
>
> Lord, who throughout these forty days
> for us did fast and pray,
> teach us with you to mourn our sins
> and close by you to stay.

PSALMODY

Psalm 119 *The Lord Is My Portion (Zain)*

> *Ant. Create a clean heart in me, O God.*

You are my portion, O Lord; I have said that I would keep your law.

I have entreated your face with all my heart; have mercy on me according to your word.

I have considered your ways, and I have turned my feet into your testimonies.

I am prepared, and I am not troubled, so as to keep your commandments.

The cords of the wicked have surrounded me, and I have not forgotten your law.

At midnight I rose to confess to you, upon the judgments of your justification.

I am a partaker with all who fear you and who keep your commandments.

The earth, O Lord, is full of your mercy; teach me your justifications.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

> *Ant. Create a clean heart in me, O God.*

Psalm 119 *You Have Been Good (Heth)*

> *Ant. Create a clean heart in me, O God.*

You have acted with goodness toward your servant, O Lord, according to your word.

Teach me goodness and discipline and knowledge; for I have believed in your commandments.

Before I was humbled, I offended; therefore I have kept your word.

You are good, and in your goodness teach me your justifications.

The iniquity of the proud has been multiplied over me, but with my whole heart I will seek your commandments.

Their heart has been curdled like milk, but I have meditated on your law.

It is good for me that you have humbled me, so that I might learn your justifications.

The law of your mouth is better for me than thousands in gold and silver.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

> *Ant. Create a clean heart in me, O God.*

SHORT READING

ISAIAH 58:7

Share your bread with the hungry, shelter the oppressed and the homeless; clothe the naked when you see them, and do not turn your back on your own.

RESPONSORY

V. We adore your cross, O Lord.

R. We praise your holy resurrection.

CONCLUDING PRAYER

God of mercy, we pause in the midst of our Lenten journey. Renew our resolve, deepen our prayer, and fill us with the charity that this season calls us to; through Jesus Christ our Lord. Amen.

DISMISSAL

Let us praise the Lord.

And give him thanks.