Daytime Prayer

Monday, January 9, 2023

Ordinary Time, Week 1 — Monday

OPENING

O God, come to my assistance.

Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be forever. Amen.

HYMN

God of the Morning

God of the morning, God of the midday hour,
grant us your wisdom and your guiding power;
we pause amid the tasks and toils of day
to seek your face and learn to walk your way.

All things are yours: the sunlight and the rain,
the labor of our hands, the joy and pain;
receive our offering of this broken hour
and bless our work with your renewing power.

To God the Father be all glory given,
and to the Son who drew us close to heaven,
and to the Spirit, fire within the soul,
now and forever, making all things whole.

PSALMODY

Psalm 123 *Our Help Is in the Name of the Lord*

> *Ant. Praise to you, Lord God, now and forever.*

Unless the Lord had been our helper, perhaps we would have lived in hell.

"My foot has slipped," and your mercy, O Lord, assisted me.

According to the multitude of my griefs in my heart, your consolations have given joy to my soul.

Does the seat of iniquity adhere to you, who frames hardship by means of commandments?

They will capture the soul of the just and will condemn innocent blood.

But the Lord has become my refuge, and my God the help of my hope.

And he will repay their iniquity to them, and in their malice he will destroy them.

The Lord our God will destroy them.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

> *Ant. Praise to you, Lord God, now and forever.*

Psalm 124 *Our Escape Was Like a Bird's*

> *Ant. Praise to you, Lord God, now and forever.*

Those who trust in the Lord are like mount Zion; he will not be shaken forever who dwells in Jerusalem.

Mountains are around it; and the Lord is around his people, from this time forward, forevermore.

For the Lord will not leave the rod of sinners over the lot of the just, so that the just will not extend their hands to iniquity.

Do good, O Lord, to those who are good and to the upright of heart.

But those who decline into obligations, the Lord will lead away with the workers of iniquity.

Peace be upon Israel.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

> *Ant. Praise to you, Lord God, now and forever.*

SHORT READING

COLOSSIANS 3:17

Whatever you do, in word or in deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him.

RESPONSORY

V. Blessed is he who comes in the name of the Lord.

R. We bless you from the house of the Lord.

CONCLUDING PRAYER

> *Lord God, at midday we pause in your presence. Grant us wisdom in the work before us, charity toward those we meet, and patience in difficulty; through Jesus Christ our Lord. Amen.*

DISMISSAL

Let us praise the Lord.

And give him thanks.