

# Daytime Prayer

Wednesday, January 21, 2026

Saint Agnes, Virgin and Martyr

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## OPENING

O God, come to my assistance.

*Lord, make haste to help me.*

Glory to the Father, and to the Son, and to the Holy Spirit:  
as it was in the beginning, is now, and will be forever. Amen.

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## HYMN

### God of the Morning

God of the morning, God of the midday hour,  
grant us your wisdom and your guiding power;  
we pause amid the tasks and toils of day  
to seek your face and learn to walk your way.

All things are yours: the sunlight and the rain,  
the labor of our hands, the joy and pain;  
receive our offering of this broken hour  
and bless our work with your renewing power.

To God the Father be all glory given,  
and to the Son who drew us close to heaven,  
and to the Spirit, fire within the soul,  
now and forever, making all things whole.

**Psalm 136** *By the Waters of Babylon (Part II)*

*Ant. Praise to you, Lord God, now and forever.*

If I forget you, O Jerusalem, let my right hand be forgotten.

Let my tongue cling to my jaws if I do not remember you,

if I do not set Jerusalem forth as the beginning of my joy.

Remember, O Lord, the sons of Edom, on the day of Jerusalem,

who said: "Tear it down, tear it down, even to its foundation!"

O daughter of Babylon, you are wretched; blessed is he who repays you your payment,

which you have paid to us.

Blessed is he who will hold and dash your little ones against the rock.

*Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.*

*Ant. Praise to you, Lord God, now and forever.*

**Psalm 137** *I Give Thanks With My Whole Heart*

*Ant. Praise to you, Lord God, now and forever.*

I will confess to you, O Lord, with my whole heart, for you have heard the words of my mouth.

In the sight of the angels, I will sing to you; I will adore toward your holy temple, and I will confess to your name.

Your mercy and your truth, for you have magnified your holy oracle above all things.

In whatever day I will call upon you, hear me; you will increase virtue in my soul.

Let all the kings of the earth confess to you, O Lord; for they have heard all the words of your mouth.

And let them sing in the ways of the Lord; for the glory of the Lord is great.

For the Lord is exalted, yet he looks toward the humble; and he knows the lofty one from a distance.

If I walk in the midst of tribulation, you will enliven me; and you stretched forth your hand against the wrath of my enemies, and your right hand has saved me.

The Lord will repay on my behalf; O Lord, your mercy is forever; do not despise the works of your hands.

*Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.*

*Ant. Praise to you, Lord God, now and forever.*

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SHORT READING

**GALATIANS 5:14**

The whole law is fulfilled in one statement, namely: You shall love your neighbor as yourself.

#### RESPONSORY

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*V. Blessed is he who comes in the name of the Lord.*

*R. We bless you from the house of the Lord.*

#### CONCLUDING PRAYER

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*Lord Jesus, who sanctified human labor by your own work in Nazareth, bless the work of our hands and minds this day, that all we do may serve your glory and the good of others; who lives and reigns with the Father and the Holy Spirit, one God, forever and ever. Amen.*

#### DISMISSAL

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Let us praise the Lord.

*And give him thanks.*