

Daytime Prayer

Thursday, February 26, 2026

Lent, Week 1 — Thursday

OPENING

O God, come to my assistance.

Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be forever. Amen.

HYMN

Lord, Who Throughout These Forty Days

Lord, who throughout these forty days
for us did fast and pray,
teach us with you to mourn our sins
and close by you to stay.

PSALMODY

Psalm 119 Psalm 119 (Continued)

Ant. Turn to me, O Lord, and have mercy on me.

Your testimonies have I kept; and I love them greatly.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

Ant. Turn to me, O Lord, and have mercy on me.

Psalm 119 Psalm 119 (Continued)

Ant. Turn to me, O Lord, and have mercy on me.

I have kept your commandments and testimonies, for all my ways are in your sight.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

Ant. Turn to me, O Lord, and have mercy on me.

SHORT READING

1 JOHN 1:9

If we acknowledge our sins, he is faithful and just and will forgive our sins and cleanse us from every wrongdoing.

RESPONSORY

V. We adore your cross, O Lord.

R. We praise your holy resurrection.

CONCLUDING PRAYER

Gracious God, at this midday hour we remember Christ's suffering and death. Let that memory shape how we treat others for the rest of this day; through the same Jesus Christ our Lord. Amen.

DISMISSAL

Let us praise the Lord.

And give him thanks.