

Daytime Prayer

Friday, March 15, 2030

Lent, Week 1 — Friday

OPENING

O God, come to my assistance.

Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be forever. Amen.

HYMN

Lord, Who Throughout These Forty Days

Lord, who throughout these forty days
for us did fast and pray,
teach us with you to mourn our sins
and close by you to stay.

PSALMODY

Psalm 119 Psalm 119 (Continued)

Ant. My sacrifice is a broken spirit; a broken and contrite heart you will not despise.

Let my supplication draw near in your sight; give me understanding according to your word.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

Ant. My sacrifice is a broken spirit; a broken and contrite heart you will not despise.

Psalm 119 Psalm 119 (Continued)

Ant. My sacrifice is a broken spirit; a broken and contrite heart you will not despise.

My lips will utter a hymn when you have taught me your justifications.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

Ant. My sacrifice is a broken spirit; a broken and contrite heart you will not despise.

SHORT READING

JEREMIAH 29:13

You will seek me and find me, when you seek me with all your heart.

RESPONSORY

V. We adore your cross, O Lord.

R. We praise your holy resurrection.

CONCLUDING PRAYER

Lord of the cross, help us to carry our own crosses with patience and trust, knowing that you walk beside us; through Jesus Christ our Lord. Amen.

DISMISSAL

Let us praise the Lord.

And give him thanks.