

Daytime Prayer

Monday, March 3, 2031

Lent, Week 1 — Monday

OPENING

O God, come to my assistance.

Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be forever. Amen.

HYMN

Lord, Who Throughout These Forty Days

Lord, who throughout these forty days
for us did fast and pray,
teach us with you to mourn our sins
and close by you to stay.

PSALMODY

Psalm 119 *Let Your Mercies Come (He)*

Ant. Have mercy on me, O God, in your great kindness.

And let your mercies come upon me, O Lord, your salvation according to your word.

And so I will answer those who reproach me in any matter, for I hope in your words.

And do not take away from my mouth the word of truth in any way, for I hoped exceedingly in your judgments.

And I will keep your law always, forever and ever.

And I walked in breadth, for I have sought your commandments.

And I spoke of your testimonies in the sight of kings, and I was not confounded.

And I meditated on your commandments, which I loved.

And I lifted up my hands to your commandments, which I loved, and I practiced your justifications.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

Ant. Have mercy on me, O God, in your great kindness.

Psalm 119 *Remember Your Word (Vau)*

Ant. Have mercy on me, O God, in your great kindness.

Be mindful of your word to your servant, in which you have given me hope.

This has consoled me in my humiliation, for your eloquence has given me life.

The proud have acted iniquitously in everything, but I have not declined from your law.

I was mindful of your judgments from of old, O Lord, and I was consoled.

A failure seized me, because of the wicked who forsake your law.

Your justifications were the subject of my song, in the place of my sojourning.

In the night I was mindful of your name, O Lord, and I kept your law.

This has come to me, because I sought your justifications.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

Ant. Have mercy on me, O God, in your great kindness.

SHORT READING

2 CORINTHIANS 6:2

Behold, now is a very acceptable time; behold, now is the day of salvation.

RESPONSORY

V. We adore your cross, O Lord.

R. We praise your holy resurrection.

CONCLUDING PRAYER

Lord Jesus, at the sixth hour you were crucified for our sins. As we pause at midday, remember us with the compassion you showed the penitent thief; who lives and reigns with the Father and the Holy Spirit, one God, forever and ever. Amen.

DISMISSAL

Let us praise the Lord.

And give him thanks.