

# Daytime Prayer

Friday, March 3, 2024

Lent, Week 1 — Friday

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## OPENING

O God, come to my assistance.

*Lord, make haste to help me.*

Glory to the Father, and to the Son, and to the Holy Spirit:  
as it was in the beginning, is now, and will be forever. Amen.

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## HYMN

### Lord, Who Throughout These Forty Days

Lord, who throughout these forty days  
for us did fast and pray,  
teach us with you to mourn our sins  
and close by you to stay.

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## PSALMODY

### Psalm 119 Psalm 119 (Continued)

*Ant. My sacrifice is a broken spirit; a broken and contrite heart you will not despise.*

Let my supplication draw near in your sight; give me understanding according to your word.

*Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.*

*Ant. My sacrifice is a broken spirit; a broken and contrite heart you will not despise.*

### Psalm 119 Psalm 119 (Continued)

*Ant. My sacrifice is a broken spirit; a broken and contrite heart you will not despise.*

My lips will utter a hymn when you have taught me your justifications.

*Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.*

*Ant. My sacrifice is a broken spirit; a broken and contrite heart you will not despise.*

SHORT READING

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**JEREMIAH 29:13**

You will seek me and find me, when you seek me with all your heart.

RESPONSORY

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*V. We adore your cross, O Lord.*

*R. We praise your holy resurrection.*

CONCLUDING PRAYER

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*Lord of the cross, help us to carry our own crosses with patience and trust, knowing that you walk beside us; through Jesus Christ our Lord. Amen.*

DISMISSAL

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Let us praise the Lord.

*And give him thanks.*